

Friday, March, 13, 2020

GYM A

Xcel Gold– Sr. D & Sr. E (80 gymnasts)

2:00PM– Gymnast Check In

2:30PM-3:00PM– Open Stretch

3:00PM-3:10PM– Introduction & National Anthem

3:10PM-5:45PM– Competition

6:00PM– Awards & Senior Ceremony

Xcel Gold– Sr. B & Sr. C (80 gymnasts)

5:30PM– Gymnast Check In

6:00PM–6:30PM– Open Stretch

6:30PM-6:40PM– Introductions & National Anthem

6:40PM– 9:15PM– Competition

9:30PM– Awards

Saturday, March 14, 2020

GYM A

Xcel Gold– Jr. A & Jr. B (80 gymnasts)

7:30AM– Gymnast Check In

8:00AM-8:30AM– Open Stretch

8:30AM– 8:40AM– Introduction & National Anthem

8:40AM– 11:30AM– Competition

11:45AM– Awards

Xcel Gold– Jr. C & Jr. D (80 gymnasts)

11:15AM– Gymnast Check In

11:45AM-12:15PM– Open Stretch

12:15PM– 12:25PM– Introduction & National Anthem

12:25PM– 3:15PM– Competition

3:30PM– Awards

Xcel Gold– Jr. E & Sr. A (80 gymnasts)

3:00PM– Gymnast Check In

3:30PM– 4:00PM– Open Stretch

4:00PM– 4:10PM– Introduction & National Anthem

4:10PM– 7:00PM– Competition

7:15PM– Awards

Xcel Silver– Sr. B & Sr. C (83 gymnasts)

6:45PM– Gymnast Check In

7:15PM-7:45PM– Open Stretch

7:45PM-7:55PM– Introduction & National Anthem

7:55PM-9:45PM– Competition

10:00PM– Awards

Sunday, March 15, 2020

GYM A

Xcel Silver– Jr. A & Jr. B (83 gymnasts)

7:30AM– Gymnast Check In

8:00AM-8:30AM– Open Stretch

8:30AM– 8:40AM– Introduction & National Anthem

8:40AM– 10:45AM– Competition

11:00AM– Awards

Xcel Silver– Jr. C & Jr. D (83 gymnasts)

10:30AM– Gymnast Check In

11:00AM-11:30AM– Open Stretch

11:30AM– 11:40AM– Introduction & National Anthem

11:40AM– 1:45PM– Competition

2:00PM– Awards

Xcel Silver– Sr. D & Sr. E (83 gymnasts)

1:30PM– Gymnast Check In

2:00PM– 2:30PM– Open Stretch

2:30PM– 2:40PM– Introduction & National Anthem

2:40PM– 4:45PM– Competition

5:00PM– Awards & Senior Recognition

Xcel Silver– Jr. E & Sr. A (83 gymnasts)

4:30PM– Gymnast Check In

5:00PM– 5:30PM– Open Stretch

5:30PM-5:40PM– Introduction & National Anthem

5:40PM– 7:45PM– Competition

8:00PM– Awards

Saturday, March 14, 2020

GYM B

Xcel Platinum– Jr. A & Jr. B (64 gymnasts)

7:30AM– Gymnast Check In

8:00AM-8:30AM– Open Stretch

8:30AM– 8:40AM– Introduction & National Anthem

8:40AM– 11:30AM– Competition

11:45AM– Awards

Xcel Platinum– Jr. C & Sr. A (64 gymnasts)

11:15AM– Gymnast Check In

11:45AM-12:15PM– Open Stretch

12:15PM– 12:25PM– Introduction & National Anthem

12:25PM– 3:15PM– Competition

3:30PM– Awards

Xcel Platinum– Sr. B & Sr. C (64 gymnasts)

3:00PM– Gymnast Check In

3:30PM– 4:00PM– Open Stretch

4:00PM– 4:10PM– Introduction & National Anthem

4:10PM– 7:00PM– Competition

7:15PM– Awards & Senior Recognition

Sunday, March 15, 2020

GYM B

Xcel Diamond– Jr. A & Jr. B (56 gymnasts)

7:30AM– Gymnast Check In

8:00AM-8:30AM Open Stretch

8:30AM-8:40AM- Introduction & National Anthem

8:40AM-11:30AM– Competition

11:45AM– Awards

Xcel Diamond– Sr. A & Sr. B (56 gymnasts)

11:15AM– Gymnast Check In

11:45M-12:15PM- Open Stretch

12:15PM-12:25PM- Introduction & National Anthem

12:25PM– 3:30PM– Competition

3:45PM– Awards & Senior Recognition